

FLINDERS UNIVERSITY PSYCHOLOGY CLINIC



What is the Flinders University Psychology Clinic?

The Flinders University Psychology Clinic (FUPC) is a clinical psychology service linked to the School of Psychology at Flinders University and is situated in the grounds of Flinders University. At FUPC postgraduate (Masters and Clinical PhD) provisional psychologists carry out assessments and therapy under supervision from a registered clinical psychologist. Our clinic also serves as a research facility and actively contributes to advances in psychological knowledge and scientifically based treatment methods.

Who comes to the Flinders University Psychology Clinic?

The Flinders University Psychology Clinic accepts referrals in several areas:

- assessment and treatment of **anxiety** and **stress** in children and adolescents
- assessment and treatment of **behavioural difficulties** in children
- assessment and treatment of **anxiety disorders** in adults
- **psycho-educational assessments** of children and adolescents (testing of intellectual ability and academic achievement)

We work with children and adolescents with a range of issues including school avoidance, selective mutism, generalised anxiety, obsessive compulsive disorder, adjustment to challenging events (e.g., parental separation), perfectionism and managing stress (such as Year 12). We also work with children (and their families) where behavioural difficulties in the home or school environments are a concern. For adults, referrals for a range of anxiety disorders including generalised anxiety disorder, social phobia and specific phobias are welcome.

How much do these services cost?

Fees for assessment and therapy for anxiety, stress and behavioural problems are set at \$35 for an initial intake interview (90 minutes) and \$25 per subsequent session (60 minutes). Fees for psycho-educational assessments (including initial interview, assessment, feedback session and report) are \$400 per assessment.

How do I make a referral?

Clients can self-refer by contacting our clinic:

Phone: (08) 8201 2311

Email: fupc@flinders.edu.au

Website: <https://www.flinders.edu.au/engage/community/clinics/psychology-clinic>

Opening Hours: Tuesday, Wednesday, Thursday & Fridays, 9am-5pm